

NICENE CREED

I believe in one God, the Father, the Almighty, Maker of heaven and earth, of all things visible and invisible.

I believe in one Lord, Jesus Christ, the Only Begotten Son of God, born of the Father before all ages, God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the Prophets.

I believe in one holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead, and the life of the world to come. Amen.

SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love You above all things and I desire to receive You into my soul.

Since I cannot now receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there, and unite myself wholly to You.

Never permit me to be separated from You. Amen.

St. Alphonsus Liguori (18th century)

Prayer to Saint Michael

**Saint Michael the Archangel,
defend us in battle,
be our defense against the
wickedness and snares of the
devil;
may God rebuke him, we humbly
pray;
and do thou, O Prince of the
heavenly host,
by the power of God, cast into hell
Satan and all the evil spirits
who prowl about the world seeking
the ruin of souls.
Amen.**

**Saint Rose of Lima,
Pray for us.**

(Patroness of the Diocese of Santa Rosa)